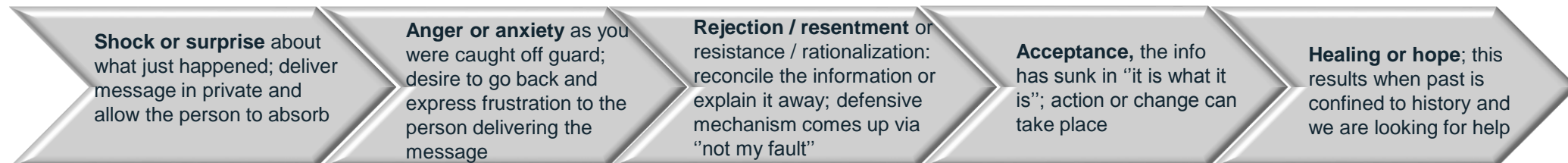
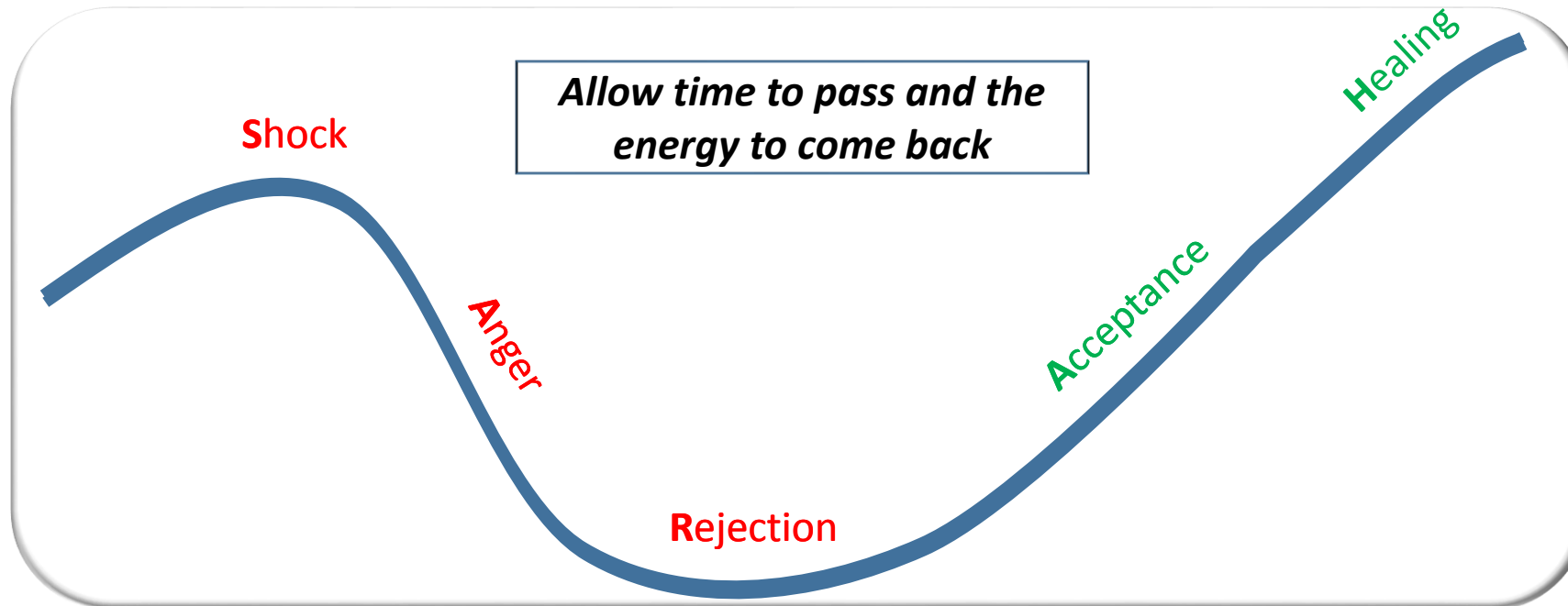


SARAH– Emotional response to grief

- ❖ SARAH is an acronym for the most predictable emotional pattern of responses people can give when they receive difficult news or negative feed-back
- ❖ Also called 5 stages of grief or emotional response to bad news or natural reaction to feed-back, here is what SARAH stands for



- ❖ Also known as Kubler Ross model, entailing DABDA acronym: denial, anger, bargaining, depression, acceptance